

Look for more stitches to  
 print and add at:

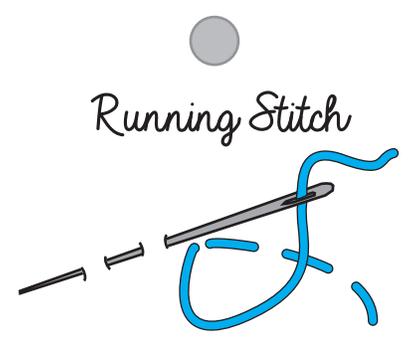
Muse of the Morning

**HOW TO USE THIS SHEET:**  
 Print it out on cardstock.  
 Laminate for durability if desired.  
 Cut on grey lines.  
 Hole punch where the grey circle is.  
 Use a binder ring to hold all the cards together.

Page 1: Basic Stitches

Little Carry-Along  
 Embroidery  
 Stitch  
 Booklet

a free printable from  
[www.museofthemorning.com](http://www.museofthemorning.com)

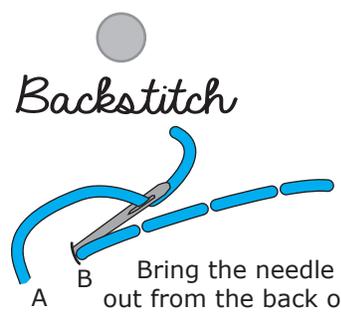


Begin by bringing the needle up through the fabric.

Insert the needle back through the fabric about 1/4" from where it came up.

Bring the needle back up again, about 1/4" from where it went down, making a second stitch.

Tip: The trick to making a running stitch look great is to keep the stitches even.



Bring the needle out from the back of the fabric at A, in the middle of where two stitches will be.

Go backward and insert the needle at the end of the previous stitch (B), pulling the needle back through at the end of the next stitch (C).

It looks tricky, but it's one of the easiest stitches and also one of the most used!

Tip: Even when using another stitch, try using a backstitch when going around a corner to make nice, neat stitches!

### Blanket Stitch

Bring your needle up at A from the back about 1/8" in from the edge.

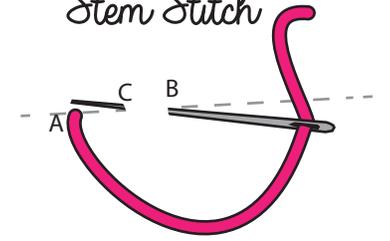
Bring your needle up from the back again, so it comes out the same spot and creating a loop around the edge.

Take the needle through the loop of the stitch you just made. This anchors the thread.

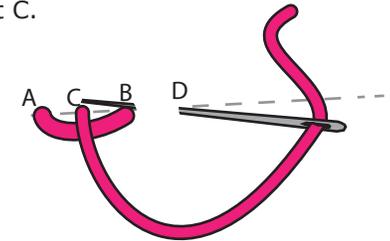
About 1/4" away, put the needle through at B and through the loop of thread.

Continue each stitch like this around the edge of appliques and blankets!

### Stem Stitch



Bring the thread up at A. Insert at B and bring back up at C.



Pull the thread through and insert the needle at D, bringing it back through B. Continue in this way making each stitch the same length.