



Heart and Bird Lavender Sachets

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Supplies Needed:

wool or wool-blend felt in the following colors:

yellow, magenta, light purple, turquoise, yellow, orange and purple

embroidery floss in the following colors:

purple, magenta, light purple, light blue, dark blue, green, red, turquoise

Heart Sachet Pattern

Instructions:

Cut out pattern pieces from wool or wool blend felt for best results -
sachet body- cut 2 from yellow felt
large heart- cut 1 from magenta felt
small heart - cut 1 from light purple felt

1. Set aside the body pieces.

On the small heart, stitch the swirly design in blue with a backstitch, as shown on the diagram to the right.

2. Pin the small heart to the larger heart as shown on the diagram.
Stitch around the edges of the small heart with a blanket stitch, with matching embroidery floss.

3. Stitch a line between the edges of the small heart and the large heart with a slightly lighter embroidery floss, with a backstitch.

4. Pin the sewn-together hearts to one of the yellow body pieces, as shown in the diagram. Sew around the edge of the large heart, connecting it to the body piece with a blanket stitch, in a matching embroidery floss.

5. With green embroidery floss, stitch the word love underneath the hearts with a backstitch.

6. Pin the remaining body piece to the backside of the applied body piece. Sew around 3 sides with a running stitch, in purple embroidery floss. Do not cut the thread.

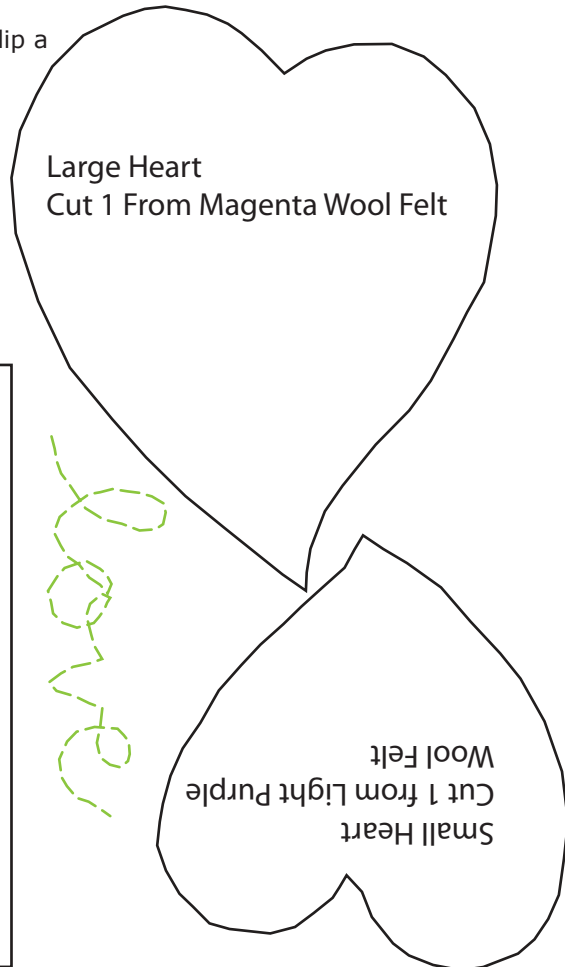
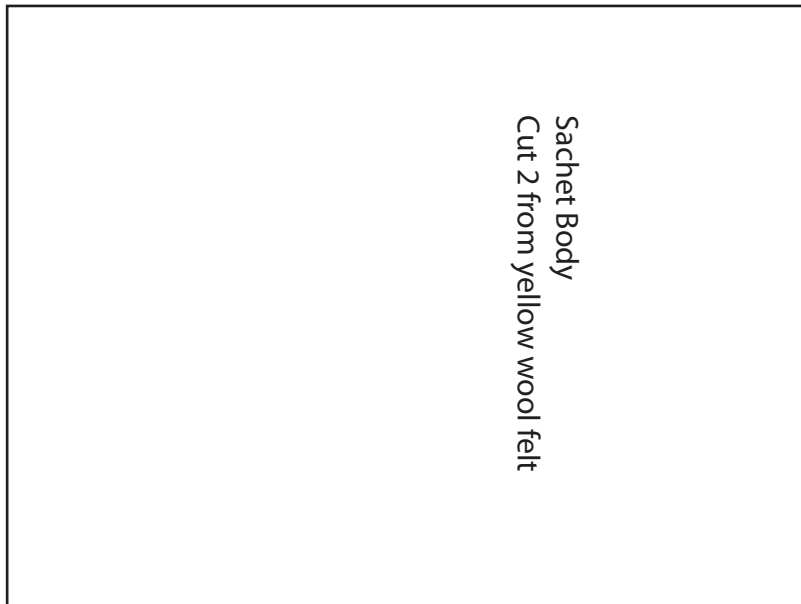
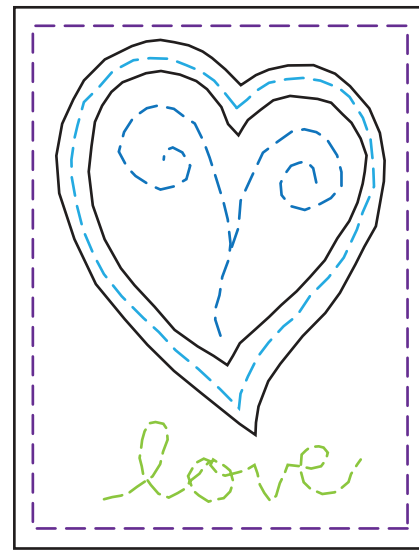
7. Using a funnel, pour in a generous amount of dried lavender. You could also use a bit of stuffing or another scented herb like chamomile or peppermint.

8. Sew up the final edge. If you want this as a hanging ornament, slip a length of ribbon between stitches toward the top and then tie off.

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Bird Sachet Pattern

Instructions:

Cut out pattern pieces as directed on each piece.

I highly recommend wool or wool blend felt.

sachet body piece - cut 2 from turquoise felt

bird body - cut 1 from yellow felt

bird wing - cut 1 from orange felt

bird decor (circles) cut 3 from purple felt

1. Pin circles onto bird body as shown in diagram to the left. Sew onto the bird's body with a blanket stitch in turquoise embroidery floss.

2. Stitch lines onto the tail with red floss, using a backstitch.

3. Pin the bird's body to one of the oval sachet body pieces. Stitch near the edge with purple embroidery floss, all the way around with a running stitch.

4. Sew the wing onto the bird's body as shown with green embroidery floss using a blanket stitch.

5. Stitch a blue french knot for the eye.

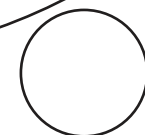
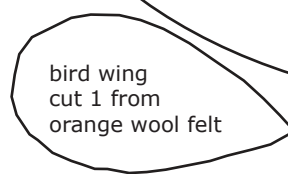
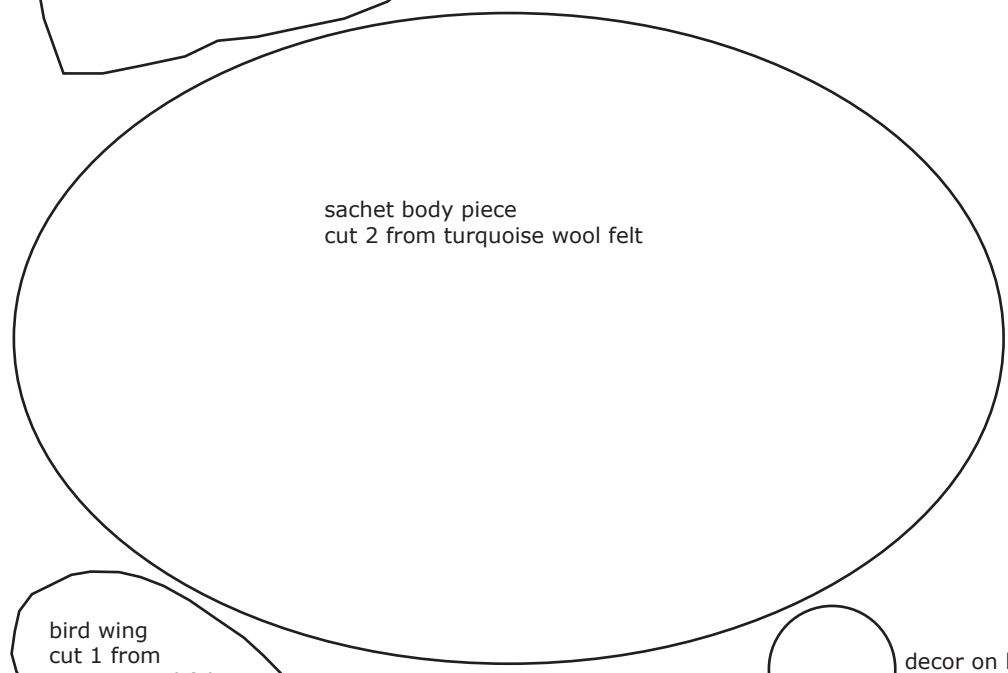
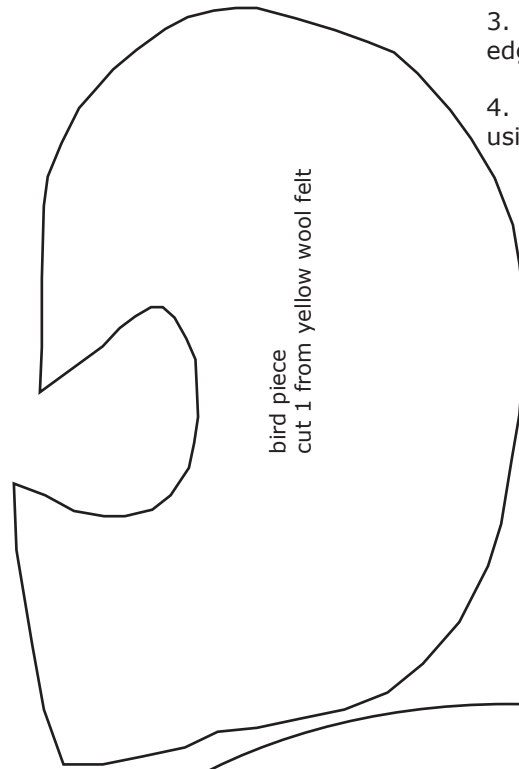
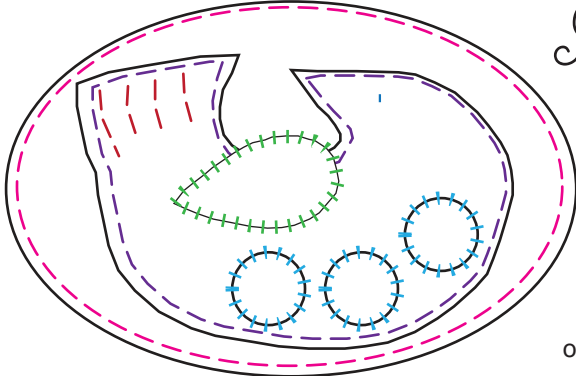
6. Pin the other sachet body piece to the back side of the one with the bird on it.

7. With a running stitch, in pink embroidery floss, stitch the two pieces together. Stop when about 3/4s the way around, but do not cut the thread.

8. Using a funnel, pour in a generous amount of dried lavender. You could also use a bit of stuffing or another scented herb like chamomile or peppermint.

9. Stitch the rest of the way around and clip the thread.

If you want this to be a hanging ornament, thread a length of ribbon through the threads at the top and tie off.



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decor on bird body
cut 3 from purple
wool felt