Blanket Stitch
Bring your needle up at A from the back about 1/8” in from the edge.
Bring your needle up from the back again, so it comes out the same spot and creating a loop around the edge.
Take the needle through the loop stitch you just made. This anchors the thread.
About 1/4” away, put the needle through at B and through the loop of thread. Continue each stitch like this around the edge of appliques and blankets!

Backstitch
Bring the needle out from the back of the fabric at A, in the middle of where two stitches will be. Go backward and insert the needle at the end of the previous stitch (B), pulling the needle back through at the end of the next stitch (C).
It looks tricky, but it’s one of the easiest stitches and also one of the most useful.
Try using a backstitch when going around a corner to make nice, neat stitches. Even when using another stitch, try using a backstitch at the beginning and end of the previous stitch (D) and before starting the next stitch (E).
Tip: Even when using another stitch, try using a backstitch when going around a corner to make nice, neat stitches.

Running Stitch
Begin by bringing the needle up through the fabric.
Insert the needle back through the fabric about 1/4” from where it came up.
Bring the needle back up again, about 1/4” from where it went down, making a second stitch.
Tip: The trick to making a running stitch look great is to keep the stitches even, and to make each stitch the same length.

Chain Stitch
Bring the thread through at A. Hold the thread down with your thumb and insert the needle back into the same hole at A.
Bring the needle back out at B. Keep the thread under the needle and pull the thread out, making a loop.
Repeat to make a chain.

Feather Stitch
Bring thread up at A. Insert it at B and bring it back up at C with thread going under the needle.
After bringing the thread up, insert needle at D and keeping thread under needle, bring back up at E. Repeat, going from side to side the length of your embroidery.

How To Make This Book!
Fold page on the lines as shown to the left.
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